

## Newsletter no. 3

# A COMMON LANGUAGE FOR THE FIRST 1000 DAYS

- An Erasmus+ KA202 Project -

## The Project

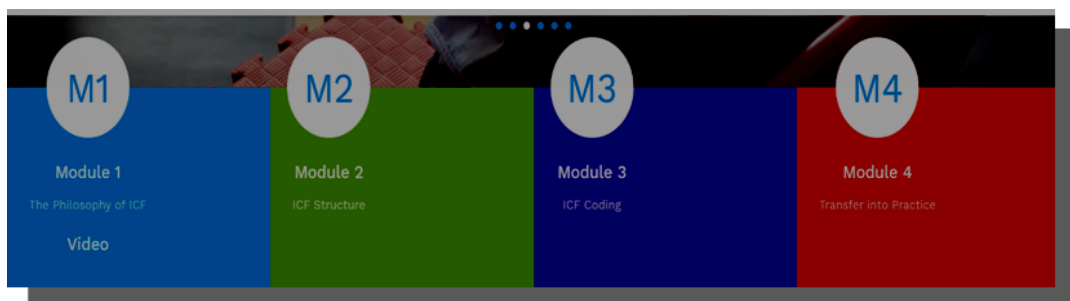
“A Common Language for the First 1000 Days” promotes the use of the WHO’s International Classification of Functioning, Disability and Health (ICF) as a tool for increasing communication among the different professionals related to the child’s first 1000 days of life and promoting early detection of disabilities. The project started on 1<sup>st</sup> November, 2019 and will last until 30<sup>th</sup> June, 2021.

## Project Outcomes

### Product O1: ICF Training Modules

Four tailor-made ICF-Training Modules for patronage nurses, early support services, and professionals in nurseries working with very small children are now available in English, Macedonian, German, and Turkish. The first 3 Modules teach the basic aspects of the ICF and the 4th is intended for practice. All the Modules address the particular issues of age and the connection between health, education/parenting, and social aspect.

The Modules 1-4 can be used or downloaded from our web-site: <http://thefirst1000days.net/First1000days.html>

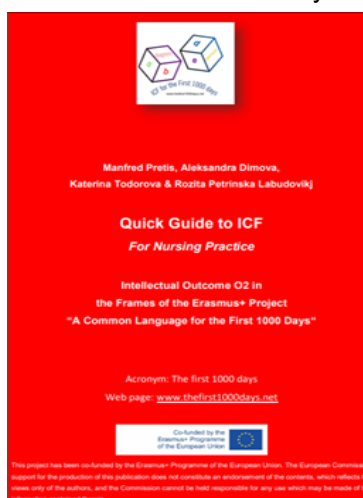


### Product O2: Quick Guide to ICF

The ‘Quick Guide to ICF’ for home-visiting nurses aims to ensure that all the relevant professionals included in the first 1000 of a child’s life are familiar with the ICF and are able to use it daily. The Guide is designed to increase the understanding between the professionals and the parents during the support processes for small children with developmental problems.

The Guide (in English, Macedonian, German, and Turkish) can be downloaded freely from: <http://thefirst1000days.net/QuickGuidetoICF.html>

b440	<b>Breathing</b>	The child can breathe in and out easily. He/she shows a reasonable number of breaths per minute. The alternation between inhalation and exhalation and his/her breathing depth are appropriate. The child gets enough air.
d115	<b>Listening</b>	The child can listen purposefully and intentionally and learns by doing so. He/she perceives sounds. He/she listens to the radio, listens to a human voice, music, or a story told.



## Project Consortium

The project consortium consists of 5 partners from 4 countries: North Macedonia (Education for All Skopje – coordinator and Macedonian Association of Nurses, Technicians and Midwives), Austria (Dr. Pretis), Germany (Medical School Hamburg) and Turkey (Dudu Melek Sabuncuoglu).

## Participation in the Project

To take part in the project (e.g. in terms of piloting the products in Macedonian, German, English, or Turkish), please contact us at: [contact@educationforall.org.mk](mailto:contact@educationforall.org.mk)



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