

## (O1) First 1000 days ICF Training Modules

### *Module 4: Professional Needs and Exercises*

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*With support of the consortium partners*

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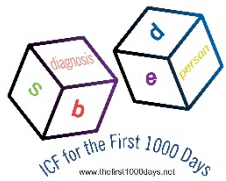
# Learning outcomes from Module 4

The participants:

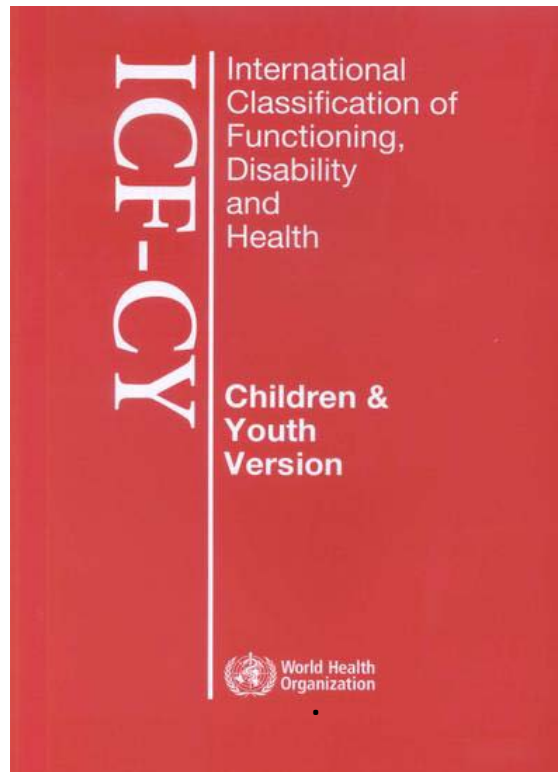
- Know about the needs towards the ICF of diverse stakeholders and parents in the field
- Can use the ICF based on diverse excersises
- Are able to communicate with parents on an equal level

# Overview

1. ICF related needs in the health area
2. ICF related needs in the education and social sector
3. Needs of parents
4. „Take Home“ messages
5. Literature



# Professional and parental needs towards the use of the ICF



# 1. ICF related needs in the health area

For parents professionals in the maternity wards, obstetricians, pediatricians, midwives and later on family doctors, are important partners during and shortly after the delivery and during the first 1000 days of life.

->Medical doctors, nurses and other paramedics communicate on equal level with the parents in order to guarantee mutual understanding.

-> ICF (as a common language) contributes to this mutual understanding.

See Quick Guide to ICF:

<http://www.thefirst1000days.net/QuickGuidetoICF.html>

# Excercise

**Which aspects would you link from your professional point of view to the following diagnosis (Which questions would you raise?)**

Diagnosis	Link to the ICF	Associated questions
Q90 (Down Syndrom)	Personal aspects	
	environment	
	structural	
	functional	
	Participation	
P07 (prematurity)	Personal aspects	
	environment	
	structural	
	functional	
	Participation	

# Excercise

**Which aspects would you link from your professional point of view to the following diagnosis (Which questions would you raise?)**

Diagnosis	Link to the ICF	Associated questions
F71 (intellectual deficit)	Personal aspects	
	environment	
	structural	
	functional	
	Participation	
Z62 (aspects connected with the rearing/upbringing/family situation of the child)	Personal aspects	
	environment	
	structural	
	functional	
	Participation	

# Needs within mobile services

1. Systems of postnatal care might be quite diverse in different countries. (Well-Child-Visits, Patronage-nurses, Early Intervention....)
2. All offers focus on the full participation and the understanding of the parents, to increase the wellbeing of their new-borns.
3. These professionals need a common language with parents, empathy and elaborated communication skills as they are usually „guests in the family“.



# Excercise

Translate parental questions/worries into the BIG 6 of ICF (diagnosis/health concern, personal aspects, environment, body structure, body function, participation))

Utterances of the parents	Link to BIG 6
Doctors talks about the possibility of a hemiplegia.	
Our son generally seems quite balanced and quiet.	
We live in a house and earn sufficient money. Also the grandparetns are available and we try to spend as much as possible time with our son.	
Medical doctors are talking about possible contractions.	
We do not yet know how our son will walk.	
Our son already grabs small things and looks at them.	

## 2. ICF related needs in the educational and social sector

1. Professionals in cribs, day mothers/fathers or social worker usually need exchange processes with parents.
2. Based on their professional socialisation  
Often there is the trend, that health concerns during these discussions might be underestimated.

# Excercise

Which medical aspects should be considered

Observation of the professionals	Which aspect should be considered?
<p>During his cribb-time 2 years old Peter looks tired and „absent“.</p>	
<p>3 years old Ann – being with her day mother – avoids any kind of food with stronger consistency (like a bread or a cookie).</p>	
<p>2 years old Ahmet – in the cribb – only plays with the curtains.</p>	
<p>1 year old Dan cries each time a „new“ person enters the premise of his day care.</p>	

# 3. Needs of the parents

- Usually all parents wish that their children feel well and happy and that they develop in a healthy way.
- If there are health concerns, parents usually wish to be informed about it - as early as possible, as respectful as possible and focussing on what they (as parents) are able to do about it.
- If there are significant health concerns, parents wish to have access to high quality services and they are looking for coordinated communication between these services (e.g. by means of the ICF).

# Excercise

Translate the following health concerns expressed by parents into ICF (if possible refer to codes)

Utterances of the parents	ICF
My 3 years old Elsa wakes up during night 3-4 times.	
My 1-year old Marc only stares at me when I move his teddy from his right to his left side.	
My 2 years old daughter Peggy repeatedly performs wiping movements with her hands.	
My 2 years old son Simon is not interested in watching picture books.	

## 4. „Take home“ message

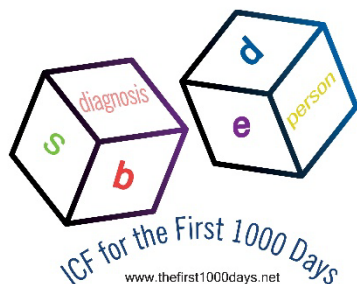
To act and think in terms of the ICF requires exercises.

In an optimal way the ICF should be used in teams together with the parents.

## 5. Literature and links

- [www.dimdi.de](http://www.dimdi.de) (deutsche Entwurfsversion der ICF):  
[http://www.dimdi.de/dynamic/de/klassi/downloadcenter/icf/endfassung/icf\\_endfassung-2005-10-01.pdf](http://www.dimdi.de/dynamic/de/klassi/downloadcenter/icf/endfassung/icf_endfassung-2005-10-01.pdf)
- [www.icf-training.eu](http://www.icf-training.eu)
- [www.icfcy-Meduse.eu](http://www.icfcy-Meduse.eu)
- Lit: Hollenweger, J., Kraus de Camargo, O. (2011). ICF-CY. Die internationale Klassifikation der Funktionsfähigkeit, Behinderung und Gesundheit bei Kindern und Jugendlichen. Bern: Huber
- Kraus de Camargo, O., Simon, L. (2013). Die ICF-CY in der Praxis. Hogrefe
- Pretis, M. (2016). ICF-basiertes Arbeiten in der Frühförderung. München: Reinhardt
- Pretis, Sixt, Mechtel (2019). ICF in der Schule. München: Reinhardt

## Erasmus+ project “A Common Language in the First 1000 Days”



Thank you for your attention!

*Web page of the project:*

[www.thefirst1000days.net](http://www.thefirst1000days.net)



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